

## Veterinary approval for an exercise or recovery programme

The Birch Pet Hotel K9 Gym offers a range of exercise and recovery programmes using the hydrotherapy pool, exercise machines, hot tub, magnotherapy, plus massage and physical joint manipulation. Before undertaking these we ask clients to have their animals checked by their vet to minimise the risk of exacerbating pre-existing conditions.

Recuperative and recovery programmes are only undertaken at the request of an animal's veterinary surgeon. The programmes we use have been formulated by our veterinary advisers to permit easy adaptation to the needs of each individual animal. Veterinary surgeons are encouraged to contact us to discuss the needs of their patients.

### Animal and owner details

*Animal's name :*

*Breed/description :*

*Owner's Name :*

*Home address :*

### Veterinary Surgeon's statement

I have examined the above animal and in my opinion it appears to be both fit to undertake the programmes indicated below and free from signs of contagious disease. In making my decision I have taken into consideration the likely strain of exercise on the locomotor, cardiovascular and respiratory systems, any effects of known medical conditions (*please list below*), and known breed susceptibilities to conditions that may not yet be apparent.

### Details of any relevant medical conditions

#### General exercise programmes \*

	<b>Exercise level</b>	<b>Exercise mode</b>
{ } Fun runs	light to moderate	intermittent
{ } Fun swims	vigorous	intermittent
{ } Fitness runs	moderate	continuous
{ } Fitness swims	moderate to intensive	continuous
{ } Agility training	light to moderate	intermittent
{ } Weight loss programme	gradually increasing	continuous

#### Recuperative programmes \*\*

{ } Arthritis – improving joint function	gradually increasing	variable
{ } Paralysis – weight free exercise	gradually increasing	variable
{ } Post surgery <sup>#</sup> – weight free movement	gradually increasing	intermittent
{ } Muscle build-up – post injury/surgery	gradually increasing	variable
{ } Other – please specify		

\* Please indicate unsuitability with a cross and specific recommendations with a tick

\*\* May include manipulation, swims, hot tub, magnotherapy, etc.

# Animals are not accepted until skin wounds are healed and sutures have been removed.

*Veterinary surgeon's name :*

*Signature :*

*Veterinary practice name :*

*Date :*

*Veterinary Practice phone :*